



BOYS COMPETITIVE GYMNASTICS
Winter/Spring 2025 Team Practice Schedule

HOMESCHOOL/INTENSIVE PRACTICE HOURS
 By Invitation ONLY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Total Hours
Hours	10:30am – 4:00pm	10:30am – 4:00pm	1:30 – 7:00pm	10:30am – 4:00pm	10:30am – 4:00pm	27.5 hours
Lunch Break	1:30 – 2:30pm	1:30 – 2:30pm	---	1:30 – 2:30pm	1:30 – 2:30pm	

AFTERNOON PRACTICE HOURS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Total Hours
Levels 3 – 5	4:00 – 7:00pm	4:00 – 7:00pm	-----	4:00 – 7:00pm	4:00 – 7:00pm	12 hours
Levels 6 – 10	4:30 – 8:00pm	4:30 – 8:00pm	4:30 – 8:00pm	4:30 – 8:00pm	4:30 – 8:00pm	17.5 hours

All Teams have a \$120.00 Annual Registration fee
 Competition Fees are separate