



PRESCHOOL 3-4 yrs: 45 MINS

Entry level for our younger athletes, this coed program

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:00	Beginners	Beginners	Beginners	Beginners	Beginners	9am: Boys Beginners
4:00	Beginners	Intermediate	Beginners	Intermediate	Beginners	10am: Beginners
5:00	———	———	Beginners	Beginners	———	

BOYS BEGINNERS: 55 MIN

Our entry level gymnastics class. Focused on basic movements and strength skills!

This 55-minute class is perfect for all ages wanting to get started in gymnastics!

	MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
4:00	Beginners	Beginners	Beginners	Beginners	5 – 7 yrs 8 & up
5:00	Beginners		Beginners		Beginners

Boys Pre-Team: 1.5 hours

Transitional class from classes to competitive team. Refining skills and strength training in a team-oriented setting.

4:00 – 5:30pm	MONDAY	TUESDAY	THURSDAY

Trampoline and Tumbling: 5yrs + 55 mins

Advanced focused on trampoline and floor skills, with an introduction to Double Mini Trampoline
Trampoline and Tumbling is a Co-ed program.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:00	———	T&T BEG	———	T&T BEG	T&T BEG
5:00	T&T BEG	T&T BEG	T&T BEG		———

Trampoline and Tumbling Pre-Team: 1.5 hours

Transitional class from classes to competitive team. Refining skills and strength training in a team-oriented setting. Trampoline and Tumbling is a Co-ed program.

4:30 – 6:00pm	MONDAY	WEDNESDAY	FRIDAY

Tumbling: 7-13 yrs

55MIN

	TUESDAY	THURSDAY
6:00	Beginner	Intermediate

Please see reverse side for pricing!

PRICING

January 2024
<u>Preschool: 45-minute classes</u>
• 1x/week - \$127.00/month
• 2x/week - \$204.00/month
• 3x/week - \$253.00/month
<u>Beginners/BeginnersAdvanced/T&T/Tumbling</u>
<u>55-minute Classes</u>
• 1x/week - \$138.00/month
• 2x/week - \$220.00/month
• 3x/week - \$286.00/month
<u>Intermediate Classes: 1.5 hours</u>
• 1x/week - \$165.00/month
• 2x/week - \$248.00/month
• 3x/week - \$314.00/month
<u>Advanced Classes: 1.5 hours</u>
• 1x/week - \$176.00/month
• 2x/week - \$259.00/month
• 3x/week - \$325.00/month

Prices as of January 2025
<u>Mommy & Me Preschool Beginner 45 min classes</u>
1x/week: \$150.00/month 2x/week: \$225.00/month 3x/week: \$275.00/month
<u>Beginners Beginners Adv T&T Tumbling Preschool Int 55 min classes</u>
1x/week: \$160.00/month 2x/week: \$240.00/month 3x/week: \$305.00/month
<u>Intermediate & Advanced 1.5 hours</u>
1x/week: \$185.00/month 2x/week: \$270.00/month 3x/week: \$335.00/month
<u>Aerial Silks 55 minutes</u>
1x/week: \$185.00/month
<u>Trampoline and Tumbling Pre-Team Boys Pre-Team</u>
2x/week: \$275.00/month 3x/week: \$325.00/month

All programs at Nova Gymnastics require an annual registration fee:

Recreational Annual Registration:

Team Annual Registration:

Single Student	Family
\$60	\$85
Single Student	Family
\$120	\$180

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