



FALL TEAM PRACTICE SCHEDULE 2023

COMPULSORY/OPTIONALS

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Stellars	3:30 – 5:00pm	xxx	3:30 – 5:00pm	xxx	3:30 – 5:00pm	xxx
Level 1	xxx	4:00 – 6:00pm	xxx	4:00 – 6:00pm	4:00 – 6:00pm	xxx
Level 2	4:00 – 6:00pm	xxx	4:00 – 6:00pm	4:00 – 6:00pm	4:00 – 6:00pm	xxx
Level 3	5:30 – 8:00pm	5:30 – 8:00pm	xxx	5:30 – 8:00pm	5:30 – 8:00pm	xxx
Level 4 & 5	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	xxx
Optionals	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	9:00am – 12:30pm

XCEL

Level	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bronze	4:00 – 6:00pm	xxx	4:00 – 6:00pm	4:00 – 6:00pm	xxx	xxx
Silver	5:30 – 8:00pm	5:30 – 8:00pm	5:30 – 8:00pm	xxx	5:30 – 8:00pm	10am - 12pm
Gold	5:30 – 8:30pm	5:30 – 8:30pm	xxx	5:30 – 8:30pm	5:30 – 8:30pm	xxx
Platinum	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	5:00 – 8:30pm	9:00 – 12:30pm
Diamond						
Sapphire						

\$120 Annual Registration Fee